

Treating your scar with Pro-Sil glide-on silicone gel stick

Hands Burns and Plastics Therapy

Information for Patients

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Why do I need treatment with silicone gel?

Your therapist recommends that you use silicone gel on your scar. It is used for the treatment of problem scarring resulting from injury, burns or surgery. Silicone gel can improve the appearance, soften, flatten and smooth raised scars. It can also help to reduce itchiness.

Pro-Sil comes as a glide-on silicone gel stick which can be applied to your scar. It is normally recommended for smaller scars. It is great for use on the face.

How do I use my Pro-Sil silicone gel stick?

1. Wash and dry your scar to remove any cream or perfume.
2. Apply by rolling over your scar.
3. The gel will form a flexible film over the scar.

When should I use it?

Pro-Sil can be worn all the time. Do not use it on open wounds. It can be worn near the eyes and mouth if needed, but, please be careful not to get the product in your eyes or mouth.

Your therapist will advise you when to stop using the gel.

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or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



Can I bathe or shower with it on?

Pro-Sil will wash off when you shower, bathe or go swimming with it on.

You will need to re-apply it if it has washed off.

What happens if my skin becomes sore or itchy?

If your skin goes red, sore, bleeds or a rash or itching occurs, stop using the gel straight away. Let your skin recover fully. Start using the gel again.

If the symptoms come back, you should stop using the gel again. Contact your occupational therapist.

Contact details

Name of Therapist: _____

Telephone number: _____

This leaflet is intended to supplement Therapy treatment with patients. It is not intended for use without guidance from this team.

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على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
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