

Treating your scar with topical Kelo-Cote® silicone gel

Occupational Therapy

Information for Patients

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Why do I need treatment with silicone gel?

Your therapist recommends that you use silicone gel on your scar. It is used for the treatment of problem scarring resulting from injury, burns or surgery. Silicone gel can improve the appearance, soften, flatten and smooth raised scars. It can also help to reduce pain and itchiness.

Kelo-Cote® gel comes in a tube which you can apply to your scar. It can be applied anywhere on your face or body.

How do I apply Kelo-Cote silicone gel?

1. Wash and dry your scar to remove any cream or perfume.
2. Apply a thin layer to the scar twice a day.
3. Wait for the gel to dry to form a flexible film over the scar. If your scar is sticky after applying Kelo-Cote, you may have applied too much.

For face scars, Kelo-Cote gel can also be worn under make-up. You can apply make-up over the top of the gel once it has dried, if you wish.

When should I use it?

Once your wound is healed and dry, Kelo-Cote should be applied twice a day and can be worn all the time. It should not be used on open wounds. It can be worn near the eyes and mouth if needed, however, please be careful not to get the product in your eyes or mouth.

Your therapist will advise you when to stop using the gel.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals

To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

Can I shower or bathe with it on?

Kelo-Cote will wash off when you shower, bathe or go swimming with it on.

You will need to re-apply it if it has washed off.

What happens if my skin becomes sore or itchy?

If your skin becomes red, sore, bleeds or a rash or itching occurs, stop using the gel straight away. Allow your skin to recover fully. Start using it again, but reduce the amount of time you wear it at first, and build this time up very gradually.

If the symptoms come back, you should stop using the gel again and contact your occupational therapist.

Contact details

Name of Occupational Therapist: _____

Telephone number: _____

This leaflet is intended to supplement occupational therapy treatment with patients. It is not intended for use without guidance from this team.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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