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Information for Patients

University Hospitals of Leicester

How to fit your hearing aid and mould

Department of Hearing Services

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Fitting your hearing aid and earmould

The following pictures show the fitting of a **left** hearing aid. Please use the opposite hand to that instructed if fitting a right hearing aid.



1. Hold the back edge of the earmould between your **left** thumb and index finger.



3. Take the earmould back to touch the finger on the jawbone joint.



5. Twist the mould slightly backwards so that the helix part of the earmould goes under the fold of skin at top of your ear.



2. Use your **right** index finger to find the jawbone joint.



4. Slide the earmould backwards until the meatle tip part of the earmould fits into your ear canal.



6. You may need to use your hand to pull down on your ear lobe to fully insert the earmould.



7. Take your thumb away and use your finger to press the earmould into your ear.



9. Your earmould should now be in place.



8. Check that the helix part of the earmould is under the fold of skin at the top of your ear.



10. Now lift the hearing aid over the top of your ear.



11. You have now successfully fitted your ear mould and hearing aid.

Avoid using a mirror to fit the hearing aid(s), as this often makes fitting more difficult. If you are not sure about the fitting or comfort of your mould, then please speak to an Audiologist.

Trusted Information Creator

Patient Information Forum

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