

Your child's LHRH test to check for early or late puberty

Childrens Endocrine

Information for Patients

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Introduction

Your child needs a Luteinising Hormone Releasing Hormone (LHRH) test.

The test is done in the Children's Day Care Unit (CDCU). CDCU is on Level 4, Windsor Building, Leicester Royal Infirmary.

The reason for this will have been discussed with you in clinic.

What is a LHRH test?

This test measures the amount of puberty hormones your child is producing. We do this test when we think your child is showing signs of early or late puberty.

What happens before the test?

Your child can eat and drink as normal before the test.

Please advise us if your child has any allergies or is taking any medication.

What happens during the test?

We will insert a small plastic tube (cannula) into a vein in the arm or hand. This lets us take blood samples more easily. It will stay in place for the whole test.

Putting a cannula in can be tricky. We will use a numbing cream or spray to make it less uncomfortable. A play specialist will help distract your child.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

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We will take a blood sample. The nurse will give your child medicine (Gonadorelin) directly into the cannula.

We will take 2 blood samples at 30 minutes and 60 minutes.

We will take the cannula out. You will be able to take your child home.

You will be with us for about 2 hours.

What are the risks?

There are no serious risks with this test. But children can be allergic to any medicine. The nurse will check your child for any signs or reactions.

If you are worried about your child, please call the ward on 0116 258 6317 until 6pm, or your out-of-hours GP service after this time.

How long will it take to get the results?

It takes 2 to 4 weeks for the results to be ready. The consultant will write to you or talk to you at the next clinic appointment.

If you have any questions please ring the hospital switchboard and ask for your child's consultant or speak to the Specialist Nurse (numbers below).

Contact numbers

Hospital Switchboard 0300 303 1573

Consultants' Secretary 0116 258 7737

Endocrine Specialist Nurse 0116 258 5326

Children's day care ward 0116 258 6317

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

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Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk



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