

Planning your child's discharge from a children's ward

Discharge Team

Information for Patients

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This leaflet tells you what you need to know when you take your child home from hospital. We know that any admission to hospital is very important for your child and family. That is despite the length of stay.

We aim to work out a date of discharge when your child is admitted. We will talk to you within 24 hours about, and set, the next steps.

We know how important it is for your child to recover at home. They will get better more quickly at home. We know this is your goal too. There are certain things we need to do to make sure going home is safe. You also need to be fully informed to go home.

Starting to talk about going home

You can use these questions about discharge to talk to our nursing and medical staff:

- How do we get further medicine after we go home?
- How am I going to get home?
- Does my child need to be followed up in Outpatients? If so, when will they be seen?
- What if my child is in pain?
- What if my child is on a special diet/ feeding plan?
- Do I need support from the Community Nurses or Health Visitor?
- Can my child play and exercise whilst recovering?
- What should I be looking for?
- How will my GP be told about my child's treatment?
- Does my child need to stay inside/indoors?

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

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To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

- Who do I call if I am worried?
- What about coughs and colds and other people with infections?
- When can my child go back to nursery/school/college?

Staff can answer all these questions before you go home.

We can help to arrange the right community health support.

If you are going to struggle with transport we can help with this.

What we will aim to do

We will try to arrange for discharge before 12 midday. This means that your child's recovery at home can start earlier in the day,

We aim to get the discharge paperwork ready in advance.

We will work with our pharmacy staff to have any medicines ready in good time.

Written follow up appointment letters will be posted to you.

Please note:

Despite our best efforts sometimes we cannot achieve these aims. If that is the case we will ask you to do the following:

1. Leave the bed space and sit in the play-room or canteen if formally discharged by doctors but waiting for your child's prescription, for example.
2. Leave the bed space. We will post the discharge paperwork to you.
3. Think about other ways to go home, if possible, to avoid waiting for a lift.
4. We will ask for feedback from you about your child's stay. There are QR codes you can scan to make it easy for you to fill out the form. Please ask your nurse if you have any questions. This should not delay any discharge process.
5. Make sure you have over the counter pain relief at home for your child such as paracetamol.

Why are we doing this?

Your doctors have said your child is well enough to go home. Our aim is not to delay but finish the discharge safely.

There is an un-well child in need of a bed. We need to arrange this for them. This does not mean your child will be discharged unless it is safe to do so.

If you are worried about your child after discharge and feel they are unwell again, please

- call your GP/ 111 or
- go to the Emergency department (A&E) as needed or in an emergency.

Contact details

You can contact the children's wards for advice if needed via our switchboard on 0300 303 1573

Use this space to make a note of any questions you may have:

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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