

TB Nursing Service for Leicester, Leicestershire & Rutland

Department of Respiratory

Information for Patients

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Introduction

The specialist TB nurses deliver care to anyone who has active tuberculosis or latent TB infection. This includes their families.

This leaflet gives you information about what we do and what you can expect from us.

What does the TB Nursing service do?

- We work in the community and in all the Leicester hospitals. We cover the whole of Leicestershire and Rutland. The TB specialist nurses are based at Glenfield Hospital.
- All TB treatment and investigations are free of charge and confidential.
- We support you throughout your TB treatment. We are the first people you contact if there are any problems.

What is a TB specialist nurse?

- Each person with TB has their own specialist nurse. We are also known as case managers.
- We will tell you how to get in touch with your specialist nurse directly. We help you by talking to you and your doctor and we give advice about TB and TB tests.
- When you start TB treatment a specialist nurse will visit you. We will give detailed information and answer any questions. We give important written information about the TB medicines. We make sure that patients know about the possible side effects of treatment and what to do.

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



What does the TB specialist nurse do?

- You will have a care plan and work with the TB nurses to get the help you need. They will also plan individual support like directly observed treatment (DOT).
- They will do their best to help with anything that might affect TB treatment. This can be
 problems with housing, difficulty finding a GP, alcohol and drug use, problems with
 employers or difficulty getting to hospital appointments.
- The TB nurses also help with contact tracing and screening. This means they check if anyone around you might be at risk of TB. The screening is free and private.
- During your TB treatment, the nurse will see you at least once a month. This is to check on your progress and to give support to you and your family. If you need more help, your nurse is there for you. If there are any problems during TB treatment your TB nurse is there to help as the first person to contact.

"We work with others to protect and promote the health and wellbeing of those in our care, their families and carers, and the wider community"

Comments or complaints

If you want to make a compliment, comment or complaint about the TB Nursing service you can do so by contacting the University Hospitals of Leicester Patient Information and Advice Service (PALS).

Freephone: 0808 178 8337 Email: pals@uhl-tr.nhs.uk

Contact us if you have any questions

The TB Nursing Service can be contacted directly on 0116 258 3767

Monday to Friday 08.30am to 4:30pm or leave a message out of hours and we will return your call.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔ علی هذه المعلومات بلغةٍ أُخرى، الرجاء الاتصال علی رقم الهاتف الذي يظهر في الأسفل જો તમને અન્ય ભાષામાં આ માફિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ `ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ। Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk



Leicester's Hospitals is a research active trust so you may find research happening on your ward or in your clinic. To find out about the benefits of research and become involved yourself, speak to your clinician or nurse, call 0116 258 8351 or visit www.leicestersresearch.nhs.uk/patient-and-public-involvement