

Cosmetic skin camouflage

Department of Plastic surgery.

Information for Patients

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This leaflet is for patients who have been referred for a skin camouflage consultation. It explains what is involved.

What is skin camouflage?

Skin camouflage is a specialised cream and powder. It is long lasting, waterproof and easy to apply. It can be used on your face or body to reduce the appearance of your scar.

The products can be used on adults and children over 5 years old.

Skin camouflage cannot be put on skin that is not healed, infected, inflamed, or broken. It cannot alter the skin's texture, level out raised scars or fill in indented scars. It is a way to cover an area of skin with a colour that matches the surrounding area.

What will happen during my consultation?

A nurse, trained in colour matching creams to your skin colour for the use of camouflage, will see you. The nurse will colour match the camouflage cream to your skin colour with your help. The nurse applies small amounts of cream to see what shades match. Once we have a colour match, the nurse will show you how to use the cream and apply the powder.

How long will my appointment last?

This varies from patient to patient. It depends on the complexity of the area to be covered. We allow up to 1 hour for appointments. If we cannot get a colour match in this time, you may be asked to make another appointment. We want to avoid causing trauma and making the skin sore with repeated applications and removal of the creams.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

How will I get the products?

The nurse will give you the details of the products chosen.

We will send a letter to your GP. It will list these.

Depending on the products used, some camouflage products are available on NHS prescription. If the products are not available from the NHS, you will need to buy these from retailers/on-line.

More support and information

Changing faces: www.changingfaces.org.uk

Dans fund: www.dansfundforburns.org

British association of dermatology: www.bad.org.uk

Contact details

For any more information about your skin camouflage please contact the Burns and Plastics specialist nurses Monday to Friday 8am to 4pm: 0116 258 5328

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على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
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Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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