

Welcome to Ward 12 – Children's High Dependency Unit

Leicester Children's Hospital

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Information for Patients, Parents and Carers

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What is Ward 12?

This leaflet gives you information about Ward 12 Children's High Dependency Unit.

Ward 12 is a Children's High Dependency Unit. It cares for patients with high care needs. This can be caring for patients:

- before and after theatre,
- needing respiratory and airway support,
- transferred from the Children's Intensive Care Unit,
- that may need closer monitoring than on a general children's ward.

Ward 12 is a specialist respiratory area. We care for patients who need short and long-term breathing support (ventilation), such as Vapotherm, CPAP and BIPAP. Also, Ward 12 is one of the only areas in the Children's Hospital caring for patients with a tracheostomy.

Patients on Ward 12 are closely monitored by health care professionals because of their high care needs. All observation monitors in patient bed-spaces and cubicles are connected to a central monitoring system at the nursing station. This lets the nursing and healthcare team respond to patient alarms as quickly as possible.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

Can I stay with my child on Ward 12?

You are welcome to stay with your child on Ward 12. Parents and carers can use the kitchen, shower room and toilets on the ward. 1 parent may stay overnight and we will offer you a bed or recliner chair.

Care and treatment on Ward 12

Every child admitted to the hospital **must** wear an identity wristband. This is hospital policy. This must be on your child at all times for their safety.

Please talk to the nurse about any allergies your child may have so they can wear a red wristband.

Your child will be monitored at all times through the monitors in each bed-space and cubicle. These monitors are connected to the nursing station. Please remember patient observations are completed more often than on a general children's ward. This is because of the higher level of care needs. You do not need to worry.

Your child will be given regular care throughout the day and night. Please take part in this where you feel comfortable. Medications and investigations, such as blood tests, can be needed and taken at any point of the day or night.

Keeping your child's bed space clean

You **must** keep your child's bed or cot free of clutter. This helps the healthcare team review and give care to your child. Each bed-space and cubicle has a storage space for your belongings. The domestic team will need access to clean the area daily. Please take any empty mugs, plates, jugs to the kitchen when finished. Please throw away any waste in the labelled bins.

What do I need to bring to Ward 12?

Please make sure that you bring nappies, pads, wipes, milk or feed with you. Ward 12 has a small supply of these items. These can be given on a short term basis. You should also bring clean clothing for your child. Please bring any regular medications that your child is taking.

Does my child stay in the same cubicle?

No. Your child can be moved from their cubicle or bay-bed at any point if there is clinical reason for this. This may also mean moving to a different ward. We try our best not to move your child to other areas at night. However we may need to move patients around to take care of all children throughout the Children's Hospital.

What is the daily routine on Ward 12?

Morning

- The nurses handover from 7:30am to 8am. You are welcome to leave the ward, use the kitchen or bathrooms during this time but we ask that you stay with your child where possible. This is to help keep patient confidentiality for the children on Ward 12.
- You can make yourself breakfast, tea and coffee from the kitchen.
- Please ask a member of staff if you need help giving your child a wash.
- The medical teams will review your child on a daily ward round from 9am.
- There are different medical teams that come to the ward, such as respiratory doctors, general paediatric doctors, intensive care doctors, surgeons, and ear, nose and throat (ENT) doctors. If you are worried that your child has not been reviewed please talk with the nurse.

Afternoon

- Lunch will start at 12pm.
- Evening meals will start between 4:30pm to 5pm.

Overnight

- The nurses handover again from 7:30pm to 8pm. You are welcome to leave the ward, use the kitchen or bathrooms during this time but we ask that you stay with your child where possible. This is to help keep patient confidentiality for the children on Ward 12.
- Visitors need to leave by 8pm.
- 1 parent or carer can stay overnight.
- Please ask a member of the healthcare team if you need help getting your child ready for bed.

The healthcare staff on Ward 12 will try to keep the noise down overnight. Please be mindful that Ward 12 is a Children's High Dependency Unit. We take patient admissions throughout the night. Patients can need interventions or emergency care at any time.

Frequently asked questions (FAQs):

What are the visiting hours?

Parents and carers are welcome at any time. Only 1 parent or carer can stay overnight. Only 2 visitors are allowed at a time per bed space and cubicle. This can change depending on what's happening in the hospital.

Is parking free while my child is in hospital?

No. You can apply for discounted parking. This is only for the main carers. Please speak to the nurse in charge for a form to take to the car parking office.

Who do I speak to if I have a concern?

You can talk to the nurse looking after your child if you have any immediate concerns. You can also speak to the nurse in charge.

Why can I not have a cubicle?

Cubicles are given to patients with a clinical reason to be isolated. This is reviewed daily.

When can my child go home?

The medical team will let you know when your child is ready for discharge. You may need to wait for discharge letters, medications or training packages.

Who is looking after my child?

The medical team will lead the care of your child. Your child will have a nurse for the day and night. The nursing team is made up of nurses, nursing associates, healthcare assistances, nursing students, and training nursing associates.

Your child can also be reviewed by other healthcare professionals, such as dieticians, physiotherapists, occupational therapists, play specialists, radiography technicians, respiratory physiologists, specialist nursing team, and other health care professionals.

Useful Links

Children's Wards Patient Feedback



The Daisy Award



Getting to the Leicester Royal Infirmary



<https://www.leicestershospitals.nhs.uk/patients/getting-to-hospital/leicester-royal-infirmary/>

Contact details:

Ward 12 Children's High Dependency Unit

Level 4

Balmoral Building

Leicester Royal Infirmary

LE1 5WW

Phone: 0116 258 5329

0116 258 7534

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk



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Leicester's Hospitals is a research active trust so you may find research happening on your ward or in your clinic. To find out about the benefits of research and become involved yourself, speak to your clinician or nurse, call 0116 258 8351 or visit www.leicestersresearch.nhs.uk/patient-and-public-involvement