

Your visit to the Gynaecology Pre-assessment Clinic to get ready for your operation

Women's Services

Information for Patients

Last reviewed: April 2025

Next review: April 2028

Leaflet number: 394 Version: 2

Introduction

Your surgeon has recommended that you have an operation. Before the operation you need to attend the pre-assessment clinic for some tests to check you are as fit as you can be before the operation and to check we can go ahead.

Where to find us

We are at the Leicester General Hospital.

Please come to the **Pre-assessment office** at the **Gynaecology Services Unit (GSU)**.

It is at the **Maternity Entrance** (Coleman Road). This is near car parks 3, 4 and 5.

Please come at the time stated on your appointment letter.

What do I need to do before my appointment?

We will send you a Pre Op (Ultramed) link by text or email before your appointment. You must complete the link before your pre-assessment appointment.

The type of appointment you will have will depend on your medical history and type of operation.

If you can not make it to your pre-assessment appointment or have any concerns about the appointment, please call the clinic on 0116 258 4839.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

The pre-assessment appointment

There will be 2 dates on your letter: You need to be looking at the date for your **pre-assessment appointment not the one for the day of the operation.**

Your pre-assessment appointment might be on the phone and/or in person at the hospital. This appointment is to see if you are fit and ready for your operation and are fully prepared for your admission, treatment and discharge.

If your appointment is face to face it can take 1 to 4 hours to finish. This depends on the operation you are having, your health issues and the other patients we have to see.

We suggest that you pay for a full day car park ticket. If your appointment takes longer your car parking will be covered. We ask for your patience as we give all patients the time they need and this changes from person to person.

If you have a complex medical history, are having a complicated operation or are at an high risk from anaesthetic because of health problems, you may also be seen at an appointment by a High Risk Anaesthetist.

What should I bring with me?

- Please bring any medication that you are taking (or a copy of a recent repeat prescription). This includes anything that has not been prescribed by your own doctor or medicines you buy from a pharmacy without a prescription.
- Take your medication as prescribed on the day of your pre-assessment appointment unless you have been told not to.
- Please let the clinic know before if you are taking **any blood thinning medication (anticoagulants) such as Clopidogrel, Warfarin, Apixaban or Rivaioxaban.** Call us on 0116 258 4839 for more instructions.
- Please bring something to pass the time for example books, tablet, reading glasses.
- If you are diabetic then please bring food and drink with you. You may eat and drink normally on the day of your pre-assessment appointment.
- If you need an interpreter then please let us know before so we can arrange this for you.

Who will see me at my appointment?

You may be seen by a Clinical Nurse Specialist (CNS) and/or Senior Healthcare Assistant. You may also be seen by other medical professionals if needed.

We will carry out a medical, nursing and social assessment. This is to spot any health problems and to make sure you are fit and prepared for the operation.

You must tell us about any operations or illnesses that you have had or still suffer with. This might affect the care we give you. The nurse will discuss the operation and answer any questions. We will give you any special instructions that you might need to follow before you come into hospital.

What tests do I need?

- Blood pressure
- Pulse and breathing rate
- Oxygen levels
- Temperature
- Height and weight
- Urine (pee) test
- Blood test
- Swabs (see below)
- A heart tracing (ECG) (if needed)
- A chest X-ray (if needed)
- We may do other test based on your health issues.

Which tests you have done will depend on the operation that you are going to have. Some of the tests that you need may be carried out in another part of the hospital. This can mean that you have to walk to different departments. If you need help to get there let us know. We will arrange help for you. After all your tests have been done you will be free to leave the hospital. The nurse might ask you to come back to the clinic after you have had all the tests done.

Swabs

For some operations you will need to have swabs done to check for infections called MRSA or CRO.

We will swab in your nose and or between the vagina (MRSA) and anus (CRO).

If you have any open wounds then they will also be swabbed. If you have a stoma then bring a spare stoma bag with you as we will need to swab the stoma site.

We will contact you if your swabs show you have an infection. We will treat you according to our infection prevention policy. We may need to delay your operation.

We will give you an antibacterial shower gel to use before your admission and a nasal ointment if you are staying overnight.

Cancelling appointments

If you have changed your mind about having the operation or your situation has changed then please call us straight away. This is so your appointment can be used by another patient.

There may be times when operations have to be cancelled due to bed shortages or emergencies. We will phone you if your admission has to be changed. Please make sure to check your phone for any messages. The number will show as 'private' or 'withheld', please try to answer it.

Appointment delays

At the pre-assessment clinic we try to see all patients as quickly as possible. There may be times when we are running late. We treat all our patients with the time, quality and care that each person needs, this can sometimes result in late clinic appointments. We thank you for your patience at these times.

Contact Numbers

| | |
|-------------------------|---------------|
| Pre-assessment | 0116 258 4839 |
| Theatre arrivals area 1 | 0116 258 8210 |
| Ward 31 | 0116 258 4843 |

Comments and Suggestions

We are always looking at ways of improving our service and the information we provide. If you have any comments about how we can improve this service then please speak to a member of staff. Please complete the **Message to Matron** card before you leave the clinic.

If you have any questions write them down here to remind you what to ask when you speak to your nurse/consultant.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk