

# Your five-day temozolomide treatment plan

Cancer Services

Leaflet No: 512

Version: 5

Discharge information for patients

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## Introduction

**Your doctor has recommended the following treatment:**

### Temozolomide capsules

This leaflet tells you how and when to take your temozolomide capsules, and how many to take. You should already have been given a leaflet telling you about the potential side effects of temozolomide. If you have not received this leaflet please ask your doctor or nurse for a copy.

### Taking your medication

You may be given temozolomide capsules in a range of strengths.

**Please check the dose of each capsule you are taking as the colour and strengths of the capsules have recently changed.**

The dose you have been prescribed is calculated for your weight and height. This means you will need to take a number of capsules, often of different strengths.

You will have been given enough capsules to last you for five days. Every four weeks you will have a blood test to monitor your blood count. If the results are satisfactory you will be asked to collect more capsules from the Chemotherapy Suite.

You should take temozolomide as a single daily dose of  mg for five days, then take no capsules for 23 days, making each cycle four weeks long.

This dose is written in the table below as the number of capsules of each strength to make up each daily dose.

5mg	20mg	100mg	140mg	180mg	250mg
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Date leaflet  given:

Cycle1 / Cycle 2-6 (circle)

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## Important information

- Handle your capsules with care. Other people should avoid direct contact with the capsules.
- Capsules should be kept in the original packaging and at room temperature, away from direct heat and direct sunlight.
- Capsules should be taken on an empty stomach. Ideally they should be taken an hour before your breakfast. You should **always** take your capsules one hour before or two hours after you eat.
- Take the number of capsules indicated with a full glass of water and swallow whole.
- Usually, your dose will increase from cycle 2 onwards. Your doctor will talk to you about this.
- If you feel sick take your anti-sickness tablets (metoclopramide) as prescribed. Alternative anti-sickness tablets are also available if needed. Please ask your doctor, nurse or pharmacist.
- If you are sick just after taking a dose of temozolomide please contact the Chemotherapy Suite for advice, using the contact numbers below.
- Temozolomide can interact with some medications. Please check with a doctor or pharmacist if you are not sure.
- If you are asked to stop taking your temozolomide you should return any unused capsules to the Chemotherapy Suite for disposal.

## Emergency contact number

If you have any urgent issues regarding side effects, please contact us using the number below.

**Emergency Contact Number:** 0808 178 2212 (24 hours, 7 days a week)

## Other useful numbers

**Chemotherapy Suite** 0116 258 6107 (8:30 am to 6:00 pm)

**Neuro-oncology Clinical Nurse Specialist** (Tuesday, Wednesday, Friday, 8.30 am to 4:30 pm)

Mobile telephone: 07534 227 963

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)