

# Your temozolomide and radiotherapy treatment plan

Cancer Services

Leaflet No: 513

Version: 8

Discharge information for patients

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## Introduction

**Your doctor has recommended the following treatment:**

### **Temozolomide capsules and radiotherapy**

This leaflet tells you how and when to take your temozolomide capsules, and how many to take. You should already have been given a leaflet telling you about the potential side effects of temozolomide. If you have not received this leaflet please ask your doctor or nurse for a copy.

### **Taking your medication**

You may be given temozolomide capsules in a range of strengths.

**Please check the dose of each capsule you are taking as the colour and strengths of the capsules have recently changed.**

The dose you have been prescribed is calculated for your weight and height. This means you will need to take a number of capsules, often of different strengths.

You will have been given enough capsules to last you for one week. Each week you will have a blood test to monitor your blood count. If the results are satisfactory you will be asked to collect further capsules from the Chemotherapy Suite.

You should take temozolomide as a single daily dose of  mg for 42 days with radiotherapy, starting on

This dose is written in the table as the number of capsules of each strength to make up each daily dose.

5mg	20mg	100mg	140mg	180mg	250mg
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Once your radiotherapy has finished you may then be prescribed further cycles of temozolomide.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## Important information

- Handle your capsules with care. Other people should avoid direct contact with the capsules.
- Capsules should be kept in the original packaging and at room temperature, away from direct heat and direct sunlight.
- Capsules should be taken on an empty stomach. You should **always** take your capsules one hour before, or two hours after, you eat.
- Take the same dose every day, including weekends.
- Take the number of capsules indicated with a full glass of water and swallow whole.
- Take your first dose on the day you start radiotherapy, about an hour before your appointment time for treatment.
- On the days you have radiotherapy, you also need to take your capsules about an hour before your radiotherapy appointment. You may be asked to bring your capsules to the appointment with you to do this.
- At weekends take your capsules an hour before breakfast.
- If you feel sick take your anti-sickness tablets (metoclopramide) as prescribed.
- If you are sick just after taking a dose of temozolomide please contact the Chemotherapy Suite for advice, using the contact numbers below.
- Temozolomide can interact with some medications. Please check with a doctor or pharmacist if you are not sure.
- If you are asked to stop taking your temozolomide you should return any unused capsules to the Chemotherapy Suite for disposal.

## Emergency contact number

If you have any urgent issues regarding side effects, please contact us using the number below.

**Emergency Contact Number:** 0808 178 2212 (24 hours, 7 days a week)

## Other useful numbers

**Chemotherapy Suite** 0116 258 6107 (8:30 am to 6:00 pm)

**Neuro-oncology Clinical Nurse Specialist** (Tuesday, Wednesday, Friday, 8.30 am to 4:30 pm)

Mobile telephone: 07534 227 963

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)