Caring at its best

University Hospitals of Leicester

# Your nurse specialist (Key-worker) and the team that care for patients with a diagnosis of Lymphoma or Chronic Lymphocytic Leukaemia

# **Cancer Services**

Information for patients

Produced: August 2023 Review: August 2026 Leaflet number:545 Version:6.2

### Your clinical nurse specialists (key workers) are:

Contact number: 0116 258 5738 (answer machine available)

### Tina Brooks

Email:	tina.brooks@uhl-tr.nhs.uk
Hours of work:	Monday to Thursday 8am to 6pm

### Lynda Beck

Email:	lynda.beck@uhl-tr.nhs.uk
Hours of work:	Tuesday, Wednesday and <b>alternate</b> Fridays 9am to 5pm

### **Blessy Thomas**

Email:	blessy.thomas@uhl-tr.nhs.uk	
Hours of work:	Monday to Friday 9am to 5pm	

### Beth O'Callaghan

Email:Bethany.ocallaghan@uhl-tr.nhs.ukHours of work:Monday (alternating weeks only), Wednesday and Friday 9am to 5pm

Haematology Helpline: 0808 178 2212 - ( 24 hours a day / 7 day a week) - please call the helpline if you are unwell following treatment / <u>DO NOT</u> leave a message on CNS phone.

### Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



# Introduction

You will have a key worker (nurse specialist) who is a member of the healthcare team looking after you. They will ensure that you, your family and friends have access to appropriate support and information. Your key worker will be available as a point of contact from your diagnosis, through treatment and beyond (should you need it).

# The role of your key worker

- To act as a point of contact to ensure that you receive high quality care.
- To act as a link between you and other members of your healthcare team, both in hospital and in the community, and to refer you to them as appropriate.
- To provide you with information about your diagnosis, treatment options and possible side effects.
- To offer support to you, your family and carers.
- To help you to obtain financial and welfare rights advice, as appropriate.
- To provide information about support groups and other organisations that you may find helpful.

Your key worker can meet with you in the out-patient department, the day ward or on the ward. If you would like to contact your key worker please use the number on the front of this leaflet and leave a message - we will return your call within 48 hours of your message being received (excluding weekends and bank holidays).

## The team looking after you

The Lymphoma / CLL Team includes the following:

### **Consultants:**

Your care will be managed by one of the following consultant hematologists who are specialists in the care and treatment of patients with lymphoma and / or CLL:

Dr. Matthew Ahearne, Dr. Rebecca Allchin, Dr Mohammed Althohami, Dr. Constantine Balotis, Dr. Ben Kennedy; Dr Sapna Ladani, Dr. Fiona Miall and Dr. Lesley Speed (Clinical Oncologist)

### Lymphoma / CLL Clinical Nurse Specialists (CNS)

Your consultant will refer you to one of the Clinical Nurse Specialists: Tina Brooks, Lynda Beck, Blessy Thomas or Bethany O'Callaghan who are all registered Nurses with experience in the care of patients with lymphoma and CLL

There will also be Specialist Registrars involved in your care - these are doctors who are undergoing specific training within Haematology to become consultants within this field.

# Multi-Disciplinary Team (MDT)

The MDT is a team of healthcare professionals with the necessary skills to diagnose and treat patients with lymphoma and CLL. The MDT meets to ensure that each patient receives the most appropriate care suitable for them as an individual.

The members of the lymphoma MDT include:

- consultant haematologists who are specialists in lymphoma and / or CLL
- clinical nurse specialists (key worker) who provides you with support, advice and information about your disease.
- a consultant pathologist who is responsible for determining what your diagnosis is.
- a consultant radiologist who is responsible for interpreting your scans.
- the MDT co-ordinator who ensures appropriate documentation is available for the MDT meetings and is responsible for letting the team know the decisions reached collectively by the MDT.

Decisions made about you at the MDT meeting will be shared with you and discussed at your next clinic appointment.

As a team we will always involve you in any decisions about your care. This will include offering you the opportunity to take part in clinical research trials (if currently available and appropriate for you). You and your GP will receive a letter from the team soon after diagnosis to ensure you have a record of these decisions.

An individualised plan of care will be agreed with you and explained by your doctor and CNS (key worker) and will be documented in the letter sent to you and your GP. If you would like a separate written treatment plan then please let us know.

## **Collecting your outpatient prescriptions**

- Please wait for the pharmacy to call you before you or your nominated person comes to collect
- Contact Trust-Med Pharmacy on 0116 254 1446 if you have any queries

# University Hospitals of Leices **NHS Trust**

Useful Contact Numbers:			
•Outpatient pharmacy (Trustmed):	0116 254 1446		
•Clinic coordinators (for appointment queries or to change contact details) Tuesday clinic patients: Wednesday and friday clinic pat	0116 258 7612		
Osborne Treatment Centre (Day Unit):	0116 258 5263		
• 24 hour emergency Helpline:	0808 1782212		
Macmillan Information and Support Centre	0116 258 6189		
<ul> <li>Macmillan welfare and benefits Team Email <u>Macmillan@citizensadviceleicestershire.org</u></li> </ul>	03004568400		
∙Ward 41	0116 258 6832 or 0116 258 5088		

اگر آپ کو یہ معلومات کسـی اور زیان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔ علی هذه المعلومات بلغةٍ أُخرِی، الرجاء الاتصال علی رقم الهاتف الذي يظهر في الأسـفل જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਚਿ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤਿ ਗਏ ਨੰਬਰ `ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ। Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk

> Leicester's Hospitals is a research active trust so you may find research happening on your ward or in your clinic. To find out about the benefits of research and become involved yourself, speak to your clinician or nurse, call 0116 258 8351 or visit www.leicestersresearch.nhs.uk/ patient-and-public-involvement

