

You and your key worker for lung cancer

Lung Nurse Specialist Team
Information for patients

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Contact details

Patient Label

Your key worker is

Contact number

Date of first contact

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

Introduction

You have been given this leaflet because you or a close relative or friend has suspected lung cancer. It explains who is able to offer support, information and advice during his/her care, including when treatment has finished.

Your key worker

In order to ensure that patients with cancer and their families are able to access appropriate support and information, **all** patients should have a known healthcare professional who they can contact. This person is called a key worker. Your **key worker** will be available from diagnosis, through treatment and beyond.

Because care takes place in a variety of settings, such as in hospital and in the community, your key worker will change at various times. However, it will always be the most appropriate person for your circumstances, **and you should always know who they are and how to contact them.**

Your key worker will work with you in the following ways:

- They are a central point of contact for support and information for you and your family.
- They will assess your needs and ensure that you receive the care you need, and that you are involved in decisions about your care as much as possible.
- They will ensure that you are referred to, and receive, different services as needed.

Who is your key worker?

This depends on your particular needs. When you are told your diagnosis, you will usually be offered the opportunity to meet with a cancer clinical nurse specialist (CNS). The CNS has in-depth knowledge of your illness and its treatment and will be able to discuss any concerns and questions you might have. They will also prepare and support you through your care and treatment. The CNS will be your key worker and you will be given their contact details.

In some circumstances there may not be a CNS available. If this is the case, other healthcare professionals will support you. These include ward nurses, your consultant or the clinic nurses.

Please ask your consultant or a member of the nursing team if you are not told who your key worker is.

If you are at home, or have finished your initial treatment, your GP will be your first point of contact, and may allocate another professional, such as a district nurse or palliative care nurse, to be your key worker.

You should contact your GP initially if you have worries or concerns whilst at home.

If you need any further information, please contact either your consultant or GP.

What is a Holistic Needs Assessment (HNA)?

This is a chance for you to think about your concerns and discuss possible solutions with your key worker. It gives you the time to explore what resources, help and support are available.

Please ask your key worker for a Holistic Needs Assessment if you think that this would be helpful for you.

For more information go to www.macmillan.org.uk and search for "holistic needs assessment".

Further information and support

Macmillan Information and Support Centre

Telephone: 0116 258 6189
Email: cancerinfo@uhl-tr.nhs.uk
Website: www.leicestershospitals.nhs.uk/cancerinfo

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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