

# Your Multidisciplinary Team (MDT) for Lung Cancer

Lung Cancer Nurse Specialist Team  
Information for Patients

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Your key worker is:

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Telephone:

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## The multidisciplinary team (MDT)

The team of health professionals looking after you is known as the multidisciplinary team, or MDT.

### Health professionals who may be part of your MDT:

**Respiratory physician** - a doctor who has expertise in the diagnosis and management of lung cancer.

**Oncologist** - a doctor who specialises in the treatment of cancer.

**Thoracic surgeon** - who specialises in operating on organs within the chest.

**Radiologist** - a doctor who understands and interprets any scans or x-rays you have had.

**Histopathologist** - uses specialised equipment to examine any tissue removed during biopsy. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

**Palliative care nurse or doctor** -professionals who specialise in cancer and palliative care. Provide emotional support, information and help with symptom control.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
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## Health professionals who may be part of your MDT: (continued)

**Clinical nurse specialist (CNS)** (also known as your key worker) - can provide support, advice and information about your cancer. He or she can explain the treatments available to you and can discuss any concerns you may have. The CNS will act as a link between you and the rest of the team, continuing to support you before, during and after your treatment.

**MDT co-ordinator** - an administrator who ensures the smooth running of the MDT meetings.

Other members of your health care team may also be present at the MDT meeting: for example, a dietitian, occupational therapist or physiotherapist might be involved in the meeting.

## What happens at an MDT meeting?

The MDT meets every week to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

During the meeting, your healthcare team will look at your medical notes and any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

## How will I find out the outcome of the MDT meeting?

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone.

Your GP will be informed of the MDT discussion by letter.

## Sources of information and support

### Macmillan Information and Support Centre

Osborne Building, Leicester Royal Infirmary, LE1 5WW

Staff will provide you with the information you need, or signpost you to help and support available locally and nationally.

Opening hours: Monday to Friday 8: 30 am to 4: 30 pm  
Telephone: 0116 258 6189  
Email: cancerinfo@uhl-tr.nhs.uk  
Website: www.leicestershospitals.nhs.uk/cancerinfo

### Roy Castle Lung Cancer Foundation

A charity providing information and support for lung cancer patients and carers.

Helpline: 0333 323 7200  
Website: www.roycastle.org

### Macmillan Cancer Support

For information and support from cancer support specialists.

Freephone: 0808 808 00 00  
Website: www.macmillan.org.uk

### Cancer Research UK

Specialist nurses providing a confidential service.

Freephone: 0808 800 4040  
Website: www.cancerresearchuk.org

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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