

Your Multidisciplinary Team (MDT) for upper gastrointestinal cancer

Cancer Services

Information for patients

Produced: Nov 2024

Review: Nov 2027

Leaflet number 783 Version: 3

Your MDT

The team of health professionals looking after you is known as the multidisciplinary team, or MDT.

Healthcare professionals who may be part of your MDT

Consultant - an experienced specialist in his or her field.

Upper Gastrointestinal Surgeon - specialises in stomach and oesophageal cancer surgery.

Oncologist - a doctor who specialises in the treatment of cancer with chemotherapy or radiotherapy.

Palliative Care Team - a team of doctors and nurses who specialises in managing symptoms.

Radiologist - a doctor who understands and interprets any scans or X-rays you have had.

Histopathologist - uses specialised equipment to examine any tissue removed during biopsy. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

Upper GI Cancer Nurse Specialists (key workers) - can provide support, advice and information about your cancer. They can explain the treatments available to you and can discuss any concerns you may have. They will act as a link between you and the rest of the team, continuing to support you before, during and after your treatment.

Upper GI Cancer Support Worker—Works alongside the Cancer Nurse Specialist

Dietitian - will advise about dietary and nutritional problems.

MDT navigator - an administrator who ensures the smooth running of the MDT meetings.

Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

What happens at the MDT meeting?

The MDT is there to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

During the weekly MDT meeting, your healthcare team will review any relevant tests and / or scans that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone.

Your GP will be informed of the MDT discussion by letter.

Sources of information and support

Upper GI Nurse Specialists (key workers) and Upper GI Cancer Support Worker

Telephone: 0116 258 5809

(Monday to Friday 8.00am to 4.00pm)

Macmillan Information and Support Centre

Leicester Royal Infirmary, Leicester, LE1 5WW

Telephone: 0116 258 6189

Email: cancerinfo@uhl-tr.nhs.uk

Website: www.leicestershospitals.nhs.uk/cancerinfo

Macmillan Cancer Support

Freephone: 0808 808 00 00

Website: www.macmillan.org.uk

Cancer Research UK

Freephone: 0808 800 4040

Website: www.cancerresearchuk.org

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk