

Going home with a PEG feeding tube (for children living in Leicestershire and Rutland)

Nutrition and Dietetic Service

Information for Patients and Parents

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Introduction

Tube feeding, also known as enteral nutrition, is a way of delivering liquid food directly to the stomach or small intestine. This leaflet will give you information on what to expect when your child is being discharged from hospital with a percutaneous endoscopic gastrostomy (PEG). A PEG feeding tube allows your child to be fed directly into the stomach. Fluids and medications can also be given this way.

PEG is a route of feeding when longer term tube feeding is needed.

Dietitian follow-up after you go home

If your child was not already being fed by an enteral feeding tube before coming into hospital, they will be referred to the Leicestershire Home Enteral Nutrition Service (also known as HENS). They are part of Leicestershire Partnership NHS Trust (LPT). The HENS team look after children at home who are being fed by an enteral tube.

Your hospital dietitian will provide you with a feeding plan before discharge. Once your child is discharged home, a member of the HENS team will arrange to see your child at home. This is usually within 5 working days of discharge.

If your child is already known to HENS, your home enteral feeding dietitian will arrange to review your child when they are next planned to be seen. They may want to review your child sooner if there have been any changes to your child's feeding plan.

Within the first 5 days after a PEG feeding tube insertion:

If there are leaks or fluid around the tube, or pain on feeding, stop feed immediately and go to the Children's Emergency Department for urgent review.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

What equipment might be needed? How often should I change/ clean the equipment?

Below shows some of the equipment your child might need and how often it needs to be changed or cleaned. Your child may not need all of the equipment below.



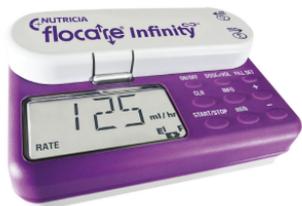
ENFit syringes:

Syringes need to be **cleaned** with warm soapy water and rinsed between **each use**. They will also need to be **sterilised** between **each use** if your child is under 6 months old or if they have problems.



ENFit feeding tubes:

PEG tubes are not regularly changed. These are replaced and supplied in hospital. Your surgical team will discuss/ arrange how often the tube will need replacing as manufacturer advice differs.



Flocare pump:

If your child needs a pump, your HENS team will supply this for home. You will be trained on how to operate the pump before your child leaves hospital. The pump will need servicing every 2 years. The service date is on the side of the pump.



Flocare Infinity Pack Giving Set (if you are using a pump):

This giving set connects to the feed packs and OpTri bottles. These only need to be **changed every 24 hours**, or every feed if using Carobel/ Gaviscon.

What to expect from Nutricia Homeward

Nutricia Homeward is a company who can deliver feed and enteral feeding equipment directly to you at home.

With your consent, the HENS dietitian will register you for a delivery of items you need. Deliveries are made by Nutricia Homeward every 28 days. If you choose to have your child's feed delivered by Nutricia Homeward, the dietitian will request a prescription from your child's GP. Nutricia Homeward will need this to dispense the items. Your HENS team will explain to you how much equipment and feed you will receive in your order.

Monitoring

Your child's HENS dietitian will monitor their feeding plan and talk to you about any changes that might be needed at home. You can contact them if you have any concerns about your child's feeding plan.

Contact details

Leicestershire Home Enteral Nutrition Service (HENS): 0116 222 7161
(you may need to leave a message and someone will return your call)

Your ward dietitian is: _____

Leicester's Hospitals Nutrition and Dietetic Service: 0116 258 5400 / 5095

You should be given the following before discharge, to allow feeding while you wait for your delivery:	Tick ✓
7 days (10 days if bank holiday) supply of feed (unless standard infant formula/ expressed breast milk)	
7 days (10 days if bank holiday) supply of ENFit syringes (60ml if gravity feeding)	
7 days (10 days if bank holiday) supply of Flocare Infinity Pack sets for feeding by pump (the above is dependent on how your child's feed is given)	
Feeding plan (and recipe if powdered feed) from the ward dietitian	

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk