

Advice after a bronchoscopy or endoscopic bronchial ultrasound scan (EBUS)

Endoscopy Department	Last reviewed:	January 2025
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Information for Patients	Leaflet number: 810 Version: 4	

If you have had sedative medicine:

For 12 hours you should:

• be accompanied by a responsible adult.

For 24 hours:

- do not drive a car or ride a bicycle.
- do not drink alcohol.
- do not operate any machinery or do anything which needs skill or judgement.
- do not make important decisions or sign any documents.
- do not climb ladders.
- do not return to work until after this period of time.

General advice

- Go home and rest.
- You must not eat or drink anything for 2 hours after your procedure because your throat and breathing passage will be numb and there is a risk of choking.

Therefore do not eat or drink until:

• If you had a biopsy taken you may cough up a little blood. If this continues or if you have any other problems, please contact your GP.

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



When to seek help

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Contact your doctor immediately if in the next 72 hours you have any of the following:

- Severe pain in your chest.
- Severe pain in your tummy (abdomen).
- Severe problems with breathing (shortness of breath).

Endoscopy Department contact details

Leicester General Hospital:	0116 258 4357
Leicester Royal Infirmary:	0116 258 6997
Glenfield Hospital:	0116 258 3130 or 0116 258 3166
Hinckley and District Hospital:	01455 441970
Loughborough Hospital:	01509 564406
Melton Mowbray Hospital:	01664 854904
St Luke's Hospital Market Harborough:	01858 448344

If the department is closed and your GP is unavailable, please contact the NHS helpline on 111.

اگر آپ کو یہ معلومات کسـی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔ علی هذه المعلومات بلغةٍ أخری، الرجاء الاتصال علی رقم الهاتف الذي يظهر في الأسـفل જો તમને અન્ય ભાષામાં આ માફિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ `ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ। Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk

Leicester's Hospitals is a research active trust so you may find research happening on your ward or in your clinic. To find out about the benefits of research and become involved yourself, speak to your clinician or nurse, call 0116 258 8351 or visit www.leicestersresearch.nhs.uk/ patient-and-public-involvement