

**Prof. Sally Singh PhD. Head of Pulmonary/Cardiac Rehabilitation
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SWT

We are able to supply the Incremental, the Modified and the Endurance Shuttle Walk Test, on either CD or USB flash drive. They were originally developed for COPD and Cystic fibrosis. The test consists of audio files, with timed signals to allow an objective measure of exercise tolerance.

The references for the development of the tests are:

1. Singh SJ, Morgan MDL, Scott S, et al.
Development of a shuttle walking test of disability in patients with chronic airways obstruction. *Thorax* 1992;47:1019-24
2. Singh SJ, Morgan MDL, Hardman AE, et al.
Comparison of oxygen uptake during a conventional treadmill test and the shuttle walk test in chronic airflow limitation. *Eur Respir J* 1994;7:2016-20
3. Bradley J, Howard J, Wallace E, et al.
Validity of a modified shuttle walk test in adult cystic fibrosis. *Thorax* 1999;54:437-439
4. Revill SM, Morgan MDL, Singh SJ et al.
The endurance shuttle walk: a new field test for the assessment of endurance capacity in chronic obstructive pulmonary disease. *Thorax* 1999 Mar; 54(3): 213-22.

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If your order is over £50 or you wish to be invoiced, you must provide an official purchase order form containing the address for invoice. This must be emailed directly to l.shortt@nhs.net together with the order form V12.

Incremental SWT - 12 levels	£35 + postage and packing
Modified SWT - 15 levels	£35 + postage and packing
Endurance SWT - 16 levels	£69 + postage and packing

We also supply The Self Reported Chronic Respiratory Questionnaire (CRQ-SR) (Ref: <i>Thorax</i> 2001;56(12):954-9)	£27 + postage and packing
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We look forward to hearing from you.

Many thanks
Yours sincerely

Leslie Shortt
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