

### Pulmonary Rehabilitation Referral

For your referral to be accepted please complete all **highlighted** sections

**Exclusion criteria for PR:** Unstable Angina, Acute Heart Failure, MI within 6weeks, Resting BP  $\geq$ 180sys and/or 100dias, Moderate-Severe or Severe Aortic Stenosis, Severe Psychiatric Disorders, Lack of interest, Severe MSK limitations

<b>Patient Information:</b>	<b>GP Details:</b>
Surname First Name Address  Postcode Contact number NHS number Hospital number	Name Address  Postcode Contact number <b>Latest Spirometry results:</b> Date: FEV <sub>1</sub> FVC
<b>Primary Respiratory Diagnosis:</b>	<b>Relevant PMH:</b>
<b>MRC:</b> <input type="checkbox"/> <b>1</b> not troubled by breathlessness, except on strenuous exercise	<b>Interpreter required:</b> <input type="checkbox"/> YES, <input type="checkbox"/> NO If yes, what language:
<input type="checkbox"/> <b>2</b> Short of breath when hurrying on a level or when walking up a slight hill	<b>Oxygen at home:</b> <input type="checkbox"/> YES, <input type="checkbox"/> NO <input type="checkbox"/> LTOT (flow rate), <input type="checkbox"/> AOT (flow rate)
<input type="checkbox"/> <b>3</b> Walks slower than most people on the level, stops after a mile or after 15mins at own pace	<b>Referrer Name:</b>  Designation  Contact Number
<input type="checkbox"/> <b>4</b> Stops for breath after walking for 100yds (90m), or after a few minutes on level ground	
<input type="checkbox"/> <b>5</b> Too breathless to leave the house, or breathless when dressing or undressing	

Information leaflet for patients can be downloaded from [yourhealth.leicestershospitals.nhs.uk](http://yourhealth.leicestershospitals.nhs.uk)

Return referral to: [uhl-tr.pulmonaryrehabilitationreferrals@nhs.net](mailto:uhl-tr.pulmonaryrehabilitationreferrals@nhs.net)

Alternatively, it can be posted to:

Pulmonary Rehabilitation Department, Mansion House, Glenfield Hospital, Groby Road, Leicester LE3 9QP