

## **MODIFIED TEXTURE MEAL**

# **Level 4 Pureed Diet**

### **Sandwich selection**

#### **FISH**

Fish in Creamy Cheese Sauce with Mashed Potatoes, Carrots and Peas. N P G

### **BEEF**

Hearty Beef Casserole in Gravy with Mashed potatoes,
Carrots and Peas (1) 1 P GF

Beef Bolognese with Pasta in Rich Tomato Sauce with Mashed Potatoes,

Carrots and Broccoli 

P

#### LAMB

Roast Lamb with Mint in Gravy with Mash Potatoes, Peas, Swede and Parsnip 

1 P 6

#### **CHICKEN**

Chicken and Potato Pie with Gravy, Creamed potato, Broccoli and Carrots. N 1 P

Chicken and Stuffing in Gravy with Mashed Potato, Carrots and Broccoli 🕦 🛊 🕑

Chicken Curry in Masala Sauce with Mash Potatoes,

Cauliflower and Peas 

P

G

#### <u>VEGETARIAN</u>

Vegetable Chilli 0 1 0 6



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## **Hot Desserts**

Summer Fruits Sponge with Custard N V G
Sticky Toffee Sponge with Custard N V G
Lemon Sponge with Lemon Sauce N P
Bakewell Sponge with Custard N V
Apple Pie with Custard N

## **Cold Desserts**

Raspberry Dessert N V G
Chocolate Mousse N V G
Strawberry Mousse N V G
Chocolate Custard Pot N V G
Strawberry Custard Pot N G
Plain Custard Pot N G
Thick & Creamy Yoghurt N P



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## **Menu Codes**

Healthier Option ♥ Gluten Free <sup>⑤</sup> Vegetarian **♡** 

Higher Energy 1 Suitable for Neutropenic Diet 1 Higher protein

