

# MODIFIED TEXTURE MEAL

## Level 5 Minced and Moist Diet




### MEAT & FISH

Salmon in Dill Sauce Served with Mashed Potato, Carrots and Broccoli   

Fish in Mornay Sauce Served with Mashed Potato, Carrots and Broccoli    

Beef Pasta Bolognaise Served with Carrots   


Cottage Pie served with Mashed Carrot and Swede   





Lamb Stew Served with Mashed Potato, Parsnips, and Brussels Sprouts   

Sausages in Onion Gravy Served with Parsley Mashed Potato, Carrots and Broccoli   

Pork Casserole served with Mashed Potato, Cauliflower and Brussels Sprouts    

Creamy Chicken Pie, topped with Mashed Potato Served with Carrot and Broccoli   




Chicken Curry with White Rice, Broccoli and Cauliflower    




Chicken and Vegetable Casserole Served with Mashed Potato, Carrots  
and Brussels Sprouts    

### VEGETARIAN & VEGAN

Macaroni Cheese Served with Mashed Potato, Broccoli, Carrots and Swede  

Cheesy Potato Bake Served with Parsley Mashed Potato, Carrots and Parsnip   

Mediterranean Vegetables Served with Parsley Mashed Potato, Parsnip  
and Brussels Sprouts    **(vegan)**

Vegetable & Lentil Casserole Served with Parsley Mashed Potato, Cauliflower and Brussels  
Sprouts **(vegan)**   

Cauliflower and Lentil Curry     **(vegan)**

# Level 5 Minced and Moist Diet

## HOT DESSERTS

- Rice Pudding with Summer Fruits Puree N GF V
- Sticky Toffee Sponge with Toffee Sauce N GF V ↑ P
- Lemon Sponge with Lemon Sauce N V ↑ P
- Bakewell Sponge with Custard N V
- Apple Sponge with Apple Sauce N GF V P

## COLD DESSERTS

- Raspberry Dessert N V GF
- Chocolate Mousse N V GF
- Strawberry Mousse N GF V
- Plain / Chocolate Custard Pot N V GF
- Strawberry Custard Pot N GF
- Thick & Creamy Yoghurt N GF V P

## SNACKS

- Plain / Chocolate Custard Pot N GF V
- Strawberry Custard Pot N GF
- Thick and Creamy Yoghurt N P GF V
- Stewed Apple Pot N GF ♥ V (Vegan)
- Rice pudding Pot N GF P V



To leave feedback on your meal please scan the QR Code

### Menu Codes

Healthier Option ♥

Gluten Free GF

Vegetarian V

Higher Energy ↑

Suitable for Neutropenic Diet N

Higher Protein P