

Caribbean and West Indian Menu

Breakfast

May be selected from the Standard Menu

Starters

May be selected from the Standard Menu

Main Courses

Brown Stewed Chicken served with Rice & Red Kidney Beans ↑ N P

Spicy Fried Chicken served with Rice & Red Kidney Beans ↑ N P

Mutton Curry with White Rice ↑ N EC P

Brown Stew Lamb with Rice & Kidney beans ↑ N P

Ackees, Saltfish with White Rice ↑ N GF P

Fried Hake Fish with White Rice ↑ N P

Sandwiches and Salads

May be selected from the Standard Menu

Desserts

May be selected from the Standard Menu

Snacks

May be selected from the Standard Menu

Menu Codes:

♥ = Healthier Choice ↑ = Higher Calorie V = Vegetarian

GF = Gluten Free N = Suitable for a Neutropenic Diet P = Higher protein

EC = Easy to Chew These are tender and easier to chew and can be cut with a side of a fork or spoon

TO LEAVE FEEDBACK ON YOUR MEALS, PLEASE SCAN THE QR CODE ON STANDARD MENU

Caribbean and West Indian Menu V1 09/10/24 FINAL