

# Moving your newborn baby to another hospital (CenTre Neonatal Transport)

Information for Parents and Families

Last reviewed: December 2023

Next review: December 2026

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## Introduction

Welcome to the CenTre Neonatal Transport Service. This leaflet tells you about who we are and how we will safely move your baby. We understand that this is a stressful time for you and you may feel scared. These feelings are common. The transport team will be able to answer any questions that you may have, so please ask them if you are not sure about anything.

## Who are the CenTre Neonatal Transport Service?

CenTre Neonatal Transport Service is a team of highly skilled doctors and nurses who have lots of experience in transferring sick and premature babies. These babies may need specialist or continuing care in another hospital or they may be returning to a hospital closer to their family home for ongoing care.

We provide transport services for hospitals across the East Midlands region.

The transport team will introduce themselves to you when they arrive. They will then work with the team from your neonatal unit to make sure that your baby is as stable as possible before they are transferred. This can often be a very busy time for the team but they will keep you informed of what is happening.



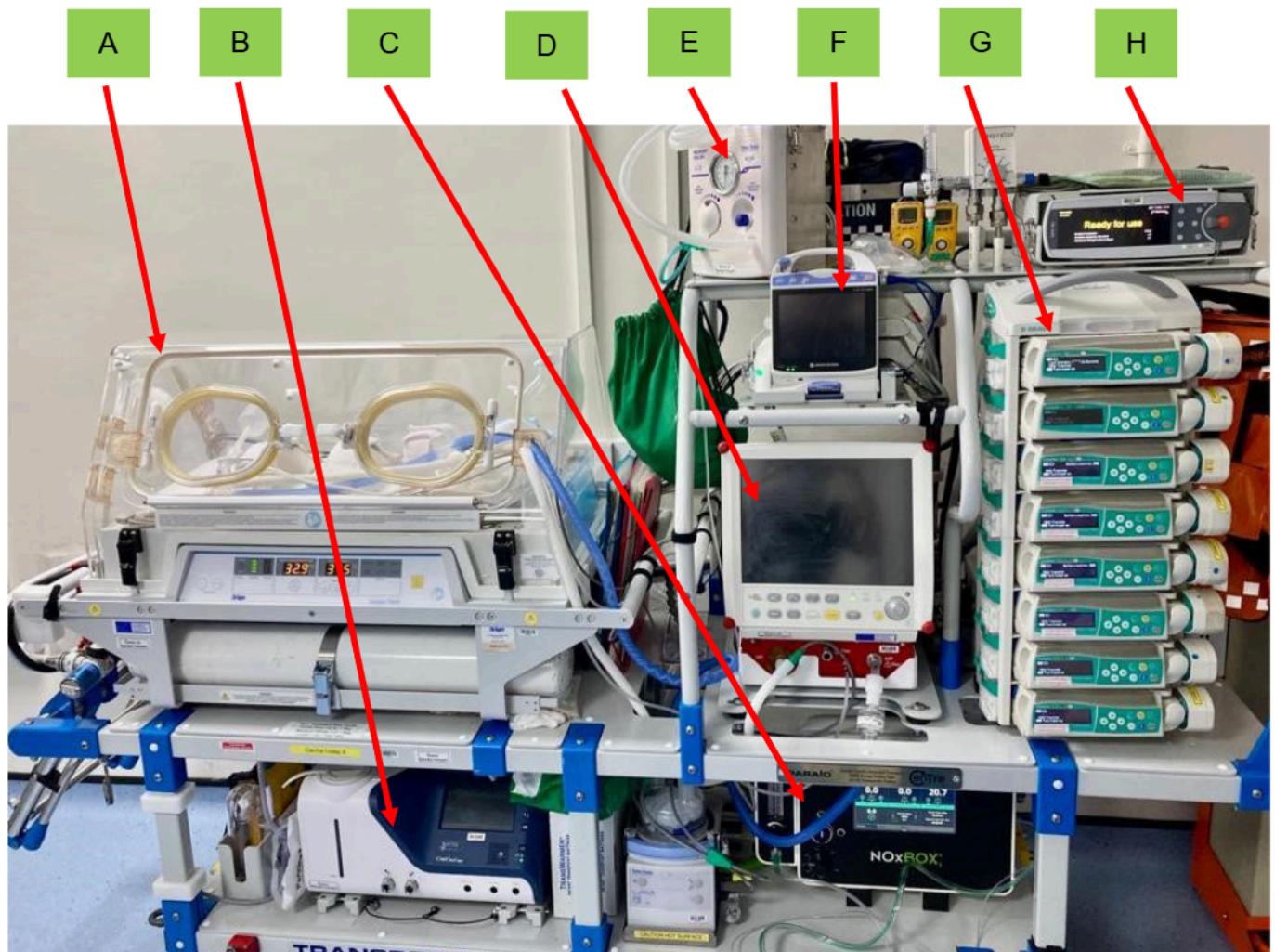
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**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## Our specialist transport equipment

This is a picture of our transport trolley which your baby will travel in.



|          |   |
|----------|---|
| <b>A</b> | Incubator to keep baby warm and safe.                         |
| <b>B</b> | Cooling machine.  |
| <b>C</b> | Machine to deliver nitric oxide to help with breathing.       |
| <b>D</b> | Breathing machine (ventilator).                               |
| <b>E</b> | Manual breathing machine (Neopuff).                           |
| <b>F</b> | Machine to monitor heart rate, breathing rate, oxygen levels. |
| <b>G</b> | Infusion pumps to give drugs and fluids.                      |
| <b>H</b> | Machine to measure carbon dioxide levels.                     |

## **Will my baby be safe during the transfer?**

We will continue to provide all of the specialist care that your baby needs during the journey.

Your baby will be secured in a soft harness in our transport incubator. The incubator allows us to keep your baby warm. Our specialist equipment allows us to monitor their heart rate, temperature, breathing rate and blood oxygen levels. We are able to give any fluids or medicines that your baby may need using our infusion pumps. We can also help your baby with any breathing problems they may have.

## **Will I be able to travel with my baby?**

It may be possible, if you are well enough, for one parent to travel with us in the ambulance. The transport team will talk to you about this, but please ask them if they don't mention it. You must be fit and well and discharged from postnatal care. You should also be able to get in and out of the ambulance by yourself.

If you suffer from motion sickness it may be advisable for you not to travel in the ambulance. If you do travel with your baby you will be expected to stay in your seat with your seat belt fastened unless told otherwise by a member of our team.

If you are not able to travel with your baby please do not try to follow our ambulance. Please do make sure that you travel at a safe and steady speed. Our team will give you information about the hospital your baby is being taken to.

## **What if I have any concerns about my baby's transfer?**

The transport team will be with your baby throughout the journey in the ambulance. We will be observing and monitoring your baby for any changes in their condition throughout the journey. We will also make regular notes on your baby's condition during the journey which we will share with the team in the hospital your baby is being taken to.

If you have any concerns please speak to one of the transport team before they leave in the ambulance.

This is **Miles**, he is our transport service teddy bear. Every baby we transfer is given their very own Miles to keep and take home.

Miles is a very well travelled little bear, as you can imagine, as we regularly complete over 140 transfers every month.



## Your baby's transfer diary

Date I was transported: \_\_\_\_\_

CenTre Team names: \_\_\_\_\_

Hospital transferred from \_\_\_\_\_ to \_\_\_\_\_

Date I was transported: \_\_\_\_\_

CenTre Team names: \_\_\_\_\_

Hospital transferred from \_\_\_\_\_ to \_\_\_\_\_

Date I was transported: \_\_\_\_\_

CenTre Team names: \_\_\_\_\_

Hospital transferred from \_\_\_\_\_ to \_\_\_\_\_

Date I was transported: \_\_\_\_\_

CenTre Team names: \_\_\_\_\_

Hospital transferred from \_\_\_\_\_ to \_\_\_\_\_

**A photograph of me on my transfer .....**

## More information about our service

1 in 10 babies born each year in the UK will need some specialist neonatal care



CenTre Neonatal Transport Service provides specialist nursing and medical teams 24 hours a day, 7 days a week ensuring that sick newborn and premature babies are transferred to the most appropriate hospital.

We transfer babies whose mothers are booked to deliver in the following hospitals:

- Leicester Royal Infirmary
- Leicester General Hospital
- George Eliot Hospital, Nuneaton
- University Hospital of Coventry & Warwickshire
- Warwick General Hospital
- Kettering General Hospital
- Northampton General Hospital
- Queens Medical Centre, Nottingham
- Nottingham City Hospital
- Queens Hospital, Burton upon Trent
- Royal Derby Hospital
- Kings Mill Hospital, Mansfield
- Lincoln County Hospital
- Pilgrim Hospital, Boston



Our website: [www.centreneonataltransport.nhs.uk](http://www.centreneonataltransport.nhs.uk)

## More information

- **East Midlands Neonatal Operational Delivery Network** - scan this QR code for information or visit the website at [www.emnodn.nhs.uk](http://www.emnodn.nhs.uk). You will find information about the different types of neonatal units which provide different levels of care, and their locations.
- **Bliss** is a registered charity which offers support services for families whose babies have been born prematurely or sick. You can visit their website at [www.bliss.org.uk](http://www.bliss.org.uk)



## **Giving us your feedback to help us improve our services**

We welcome any comments or feedback about our team or service. We also welcome feedback on what you found useful in the parent pack you may have received at the time of transfer, or if there is anything you think would be helpful to put in the pack.

You can scan this QR code with your smartphone to fill in our parent questionnaire, or opt to receive a text at the end of your baby's transfer. It is only a short survey and we would value your comments, in particular anything that we could have done that would have improved our service to you and your family.



You can also access the questionnaire from our website: [www.centreneonataltransport.nhs.uk](http://www.centreneonataltransport.nhs.uk)

### **If you wish to write to our service you can contact us at this address**

CenTre Neonatal Transport Service,  
St John Ambulance Station Unit 10. Willow Road, Castle Donington, Derby DE74 2NP

## **How you can help**

### **Amazon Wish list:**

If your baby is being transferred by CenTre Neonatal Transport Service to a unit away from home when they are less than 24 hours old, you may receive a parent pack. The items in these packs are funded by fundraising monies and donations made by previous families. If you wish to help families needing our services in future, please see our Amazon wish list using this QR code.



Or follow this link to the Amazon wish list: <https://tinyurl.com/3tremrha>

### **Making a donation via Leicester Hospitals Charity:**

You can donate via the Leicester Hospitals Charity website at: [www.LHCharity.org.uk](http://www.LHCharity.org.uk)

To ensure all monies raised go directly to CenTre Neonatal Transport, tick donate somewhere else, followed by a tick in the comments box and write **Little Lives Big Journeys, CenTre Neonatal Transport.**

#### **Leicester Hospitals Charity**

Belgrave House  
Leicester General Hospital  
Gwendolen Road  
Leicester, LE5 4PW  
Registered Charity No. 1056804



**Leicester  
Hospitals  
Charity**



**The difference your donations have made so far:**

- We have bought 2 portable specialist cooling machines which have helped many babies who have been starved of oxygen at the time of their birth.
- Bought breathing equipment so we can transfer babies closer to home much sooner.
- We are able to send our doctors and nurses on further training courses to make sure they have the most up-to-date skills.

If you would like to talk to someone about arranging a fundraising event please contact Leicester Hospitals Charity on 0116 258 8709 and tell them you would like to fundraise for Little Lives Big Journeys, CenTre Neonatal Transport Service.

Your donations will help us to improve the CenTre Neonatal Transport Service for those babies and families we transfer.

**Raise funds by using the easyfundraising charity shopping site:**

**Raise funds for  
CenTre Neonatal Transport  
every time you  
shop online**

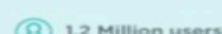
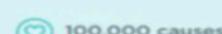
Find us on easyfundraising to start:

[www.easyfundraising.org.uk/causes/centreneonataltransport](http://www.easyfundraising.org.uk/causes/centreneonataltransport)

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If you have any questions, write them down here to remind you what to ask when you speak to the nurse or doctor looking after your baby:

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیکلی فون کریں۔  
علیٰ هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
جو تم نے اجنبی بحاشاہی میں ملکیتی جوئیتی ہوئی، تو نیچے آپہل نंबر پر کھلپا کریں ٹیکلی فون کریں

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।  
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)