

## MODIFIED TEXTURE MEAL

### Level 4 Pureed Diet





#### Sandwich selection



Beans on Toast    Hot Bacon Toastie  

Hot Cheese Toastie   Scrambled Egg on Toast  




#### MEAT & FISH

Salmon in Butter Sauce infused with lemon served with Broccoli and Sauté Potatoes    

Fish Pie - White and Smoked Fish in a Creamy Cheese sauce served with Peas    





Cottage Pie – Savoury, Rich Beef topped with Mashed Potato and served with Peas    

Pork in a Smooth Apple Gravy served with Red Cabbage and Sauté Potatoes    

Shepherd's Pie – Minced Lamb in a Rich Gravy topped with Mashed Potato and served with Carrot and Swede   

Chicken Korma served with Pureed Rice and Broccoli with a hint of Coriander    

#### VEGETARIAN / VEGAN

Bean Chilli – A Medley of Red Kidney Beans and Lentils in a lightly Spiced Tomato Sauce served with Pureed Rice and Peas     (vegan)

Tomato and Basil Pasta with Onions and Garlic served with Peas    (vegan)

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### HOT DESSERTS

- Summer Fruits Sponge with Custard N V GF  
 Sticky Toffee Sponge with Custard N GF ↑ V  
 Lemon Sponge with Lemon Sauce N P ↑ V  
 Bakewell Sponge with Custard N V  
 Apple Pie with Custard N V

### COLD DESSERTS

- Raspberry Dessert N V GF  
 Chocolate Mousse N V GF  
 Strawberry Mousse N V GF  
 Chocolate Custard Pot N V GF  
 Banana Custard Pot N GF V  
 Plain Custard Pot N GF V  
 Thick & Creamy Yoghurt N P GF V

### SNACKS

- Plain Custard Pot N GF V  
 Thick and Creamy Yoghurt N P GF V  
 Chocolate Custard Pot N GF V  
 Banana Custard Pot N GF V  
 Stewed Apple Pot N GF ♥ V (Vegan)



To leave feedback on your meal please scan the QR Code

### Menu Codes

Healthier Option ♥

Gluten Free GF

Vegetarian V

Higher Energy ↑

Suitable for Neutropenic Diet N

Higher protein P