

MODIFIED TEXTURE MEAL

Level 5 Minced and Moist Diet




MEAT & FISH

Fish in Mornay Sauce served with Mashed Potato, Carrots and Broccoli    

Fish Pie served with Mashed Carrot and Broccoli    





Beef Pasta Bolognese served with Carrots   





Cottage Pie served with Mashed Carrot and Swede    





Lamb Stew served with Mashed Potato, Parsnips, and Brussels Sprouts   

Sausages in Onion Gravy served with Parsley Mashed Potato, Carrots and Broccoli    

Pork Casserole served with Mashed Potato, Cauliflower and Brussels Sprouts    

Hunters Chicken served with a buttery mashed potato and tender minced broccoli    




Chicken Curry served with White Rice, Broccoli and Cauliflower    




Chicken and Vegetable Casserole served with Mashed Potato, Carrots
and Brussels Sprouts    

VEGETARIAN & VEGAN

Macaroni Cheese served with Mashed Potato, Broccoli, Carrots and Swede  

Cheesy Potato Bake served with Parsley Mashed Potato, Carrots and Parsnip   

Mediterranean Vegetables served with Parsley Mashed Potato, Parsnip
and Brussels Sprouts    **(vegan)**

Vegetable & Lentil Casserole served with Parsley Mashed Potato, Cauliflower and Brussels
Sprouts **(vegan)**   

Cauliflower and Lentil Curry served with White Rice seasoned with Turmeric    
(vegan)

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HOT DESSERTS

- Rice Pudding with Summer Fruits Puree N GF V
- Sticky Toffee Sponge with Toffee Sauce N GF V ↑ P
- Lemon Sponge with Lemon Sauce N V ↑ P
- Bakewell Sponge with Custard N V
- Apple Sponge with Apple Sauce N GF V P

COLD DESSERTS

- Raspberry Dessert N GF V
- Chocolate Mousse N GF V
- Strawberry Mousse N GF V
- Plain / Banana / Chocolate Custard Pot N GF V
- Thick & Creamy Yoghurt N GF V P

SNACKS

- Plain / Banana / Chocolate Custard Pot N V GF
- Thick and Creamy Yoghurt N P GF V
- Stewed Apple Pot N GF ♥ V (Vegan)
- Rice pudding Pot N GF V



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Menu Codes

Healthier Option ♥

Gluten Free GF

Vegetarian V

Higher Energy ↑

Suitable for Neutropenic Diet N

Higher Protein P