







MODIFIED TEXTURE MEAL

Level 6 Soft and Bite-Sized Diet


MEAT & FISH

Fish Pie served with Carrots    




Salmon Risotto served with a Broccoli and Spinach Purée   




Beef Hotpot served with Spinach in a West Country Cheddar Cheese Sauce    

Pasta Bolognese served with Creamed Spinach   



Sausage in rich Onion Gravy served with West Country Cheddar Cheese Mashed Potato and carrots tumbled in Honey 

Shepherd's Pie served with Diced Mixed Root Vegetables  

Chicken & Pasta bake in a tomato, smoked paprika and basil sauce, topped with a white mature Cheddar cheese sauce   

Creamy Chicken Pie topped with mashed potato, served with carrots and swede, and mashed broccoli   




Chicken Tikka Masala served with cooked white rice seasoned with turmeric    





Chicken in Gravy served with Fried Potatoes tumbled in Sage & Onion, Diced Carrots and Broccoli & Cauliflower in a West Country Cheddar Cheese Sauce  

VEGETARIAN & VEGAN

Macaroni Cheese Pasta in a Cheese Sauce, served with a Root Vegetable Ratatouille    

Cheese and Onion Potato Pie served with Mashed Broccoli, Carrots and Swede   

Vegetable and Lentil Casserole served with Mashed Potato, Carrots, Parsnips and Beetroot   

Vegetable Curry served with Curried Spinach and Bombay Potatoes     (vegan)

Vegetable Bake served with Cauliflower in a Coconut Oil based Cheese alternative    (vegan)

HOT DESSERTS

- *Ginger Sponge with Custard N ↑ V
- *Treacle Sponge with Custard N ↑ P V
- *Lemon Sponge with Custard N ↑ V
- *Raspberry Jam Sponge with Custard N ↑ P V
- Rice Pudding N GF V

*Cut sponge desserts into bite-sized pieces before serving to patients, ensure to cover all pieces of the dessert in Custard (IDDSI recommendation – maximum 1.5cm pieces)

COLD DESSERTS

- Banana / Chocolate Custard Pot N GF V
- Raspberry Dessert N GF V
- Rice Pudding Pot N GF V
- Thick & Creamy Yoghurt N P GF V
- Light Yoghurt N ♥ P GF V

SNACKS

- Plain Custard Pot N GF V
- Thick and Creamy Yoghurt N P GF V
- Chocolate Custard Pot N GF V
- Banana Custard Pot N GF V
- Stewed Apple Pot N GF ♥ V (Vegan)
- Rice Pudding Pot N GF P V



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Menu Codes

Healthier Option ♥

Gluten Free GF

Vegetarian V

Higher Energy ↑

Suitable for Neutropenic Diet N

Higher protein P