

## Renal Menu

This Renal Menu may have some items on it that you usually avoid but we have checked the analysis and confirm that all options are suitable for a renal diet in the portions provided.





### Appetiser

Small Mixed Salad with Honey and Mustard Dip    (vegan if dip removed)





Melba Toast   Crusty White Roll    (vegan),

Crusty Brown Roll   (vegan)

Sliced White Bap    (vegan)




with Sunflower Spread (vegan) or Butter or Cream Cheese Spread    



### Main Course

Fish in Parsley sauce with Mashed Potato and Root Vegetable Mash    

Cottage Pie served with Root Vegetable Mash   


Beef Pasta Bolognese   

All Day Breakfast with Linconshire Sausage, Streaky Bacon, Omelette, Baked Beans and Hash Brown   

Roast Chicken Breast with Roast Potatoes, Stuffing Ball and Vegetable medley  

Chicken, Leek and Gammon Pie served with Mashed Potatoes and Mushy Peas    

Chicken and Mushroom Casserole in a Creamy Paprika Sauce topped with a Dumpling   

Chicken Goujons with Potato Wedges, Carrots and Broccoli (Finger Food) 

Creamy Chicken & Mushroom Pasta with Spinach   

Chicken Tikka Masala served with Steamed Yellow Rice    

### Vegetarian Main Course

Cheese and Tomato Pasta     

All Day Vegetarian Breakfast with an Omelette, Baked beans, Mushrooms and Hash Brown   






Chickpea and Spinach Curry served with Rice     (vegan)

Smokey Bean Chilli with Brown Rice      (vegan)









Plain Omelette with Potato Wedges and Baked Beans    

Vegetarian Sausages with Potato Wedges, Carrots & Broccoli (Finger Food)  

## Smaller Energy Dense Meals

- Salmon Bake with Diced Potatoes 
- Corned Beef Hash with Diced Potatoes 
- Chicken Hotpot with Saute Potatoes 
- Macaroni Cheese 
- Cheese and Potato Bake with Broccoli 

## Vegetarian / Vegan Curries





- Alu Brinjal Peas  (vegan)  
Potato and Aubergine Curry with Peas, Chana Dal and Basmati Rice
- Alu Gobi  (vegan)  
Cauliflower and Potato Curry with Rajasthani Dal and Saffron Rice
- Aubergine Kala Chana  (vegan)  
Aubergine and Black Chickpeas with Teen Dal and Jeera Rice
- Corn Peas Methi   
Sweetcorn and Peas in Creamy Fenugreek curry with Rajasthani Dal and Saffron Rice
- Cabbage Peas  (vegan)  
Cabbage and Peas Curry with Rajasthani Dal and Saffron Rice
- Corn Peas Potato  (vegan)  
Sweetcorn, Peas and Potato Curry with Chana Dal and Basmati Rice
- Kadai Vegetables   
Mixed vegetables with Kala Chana Dal and Saag Rice
- Methi Paneer   
Indian Cottage Cheese in a Fenugreek Sauce with Mixed Dal and Basmati Rice

## Halal Curries

- Alu Gosht   
Mutton and Potato with Rajasthani Dal & Saffron Rice
- Chicken Saag   
Chicken and Spinach Curry with Rajasthani Dal & Saffron Rice
- Chicken Dal   
Chicken and Lentil Curry Kadai Vegetables & Saag Rice
- Fish Curry   
Fish Curry with Split Masoor Dal & Saag Rice




## Salads

All Salads contain coleslaw, potato salad, lettuce, tomato, cucumber, grated carrot and sliced hard-boiled egg.

- Chicken Salad 
- Tuna Mayonnaise Salad 
- Cheddar Cheese Salad 
- Wiltshire Ham Salad
- Egg Salad 


## Sandwiches




(Served on white or wholemeal bread. Gluten free and vegan options available on request)

Tuna Mayonnaise   

Chicken   

Ham  

Egg Mayonnaise   

Mild Cheddar Cheese   





## Accompaniments

Grated Cheddar Cheese Portion     

Side Salad with Honey and Mustard Dip    (vegan) if dip removed

Gluten Free Crusty White Roll    (vegan) / Crusty Brown Roll   (vegan)

Sliced White Bap    (vegan)

Served with Sunflower Spread (vegan) or Butter    

Mini Naan  

Natural Yoghurt     

## Hot Desserts

Raspberry Jam Sponge     (  with Custard)

Treacle Sponge     (  with Custard)

Ginger Sponge    

Lemon Sponge    

Apple Crumble    (vegan)

Rice Pudding    

Plain Custard   

(Custard can be served with all Hot Desserts on request)






## Cold Desserts

Strawberry Cheesecake   

Apple / Orange    (  if peeled) (vegan)


Peach and Pear in Juice     (vegan)

Rice Pudding    

Thick & Creamy Yoghurt     

Light Yoghurt      

## Snack Menu

Apple / Orange    (  if peeled) (vegan)  
Fresh Sliced Apple and Grape Bag    (vegan)  
Mini Cheddars   
Assorted Pack of Biscuits     
Plain Custard Pot      
Bakewell Slice      
Lemon Drizzle Cake / Carrot Cake     
Cheese and Crackers      
Served with Sunflower Spread (vegan) or Butter    


## Breakfast

Rice Krispies   / Cornflakes   / Branflakes    
Readybrek    / Weetabix    (vegan)  
Full Fat Milk     / Semi Skimmed Milk       
White or Wholemeal Bread    (vegan)  
White or Wholemeal Toast   (vegan)  
Croissants    
Sunflower Spread (vegan) or Butter      
Jam or Marmalade     (vegan)  
Cream Cheese Spread     / Cheddar Cheese     
and Crackers    
Light Yoghurt       / Thick and Creamy Yoghurt       
Apple / Orange    (  if peeled) (vegan)

## Menu Codes

 = Vegetarian    = Healthier Choice    = Higher Energy    = Higher Protein

 = Suitable for a Neutropenic Diet    = Gluten Free    = Medium / Hot Meal

 Easy to Chew - These are tender and easier to chew and can be cut with a side of a fork or spoon