

Caribbean and West Indian Menu

Breakfast

May be selected from the Standard Menu

Starters

May be selected from the Standard Menu

Main Courses

Chicken Stew with Carrots, Peas & Plain Rice   

Jerk Chicken with Carrots & Pea Rice    

Chicken Calypso with Sweetcorn, Peas & Pea Rice  

Curry Goat with Carrots & Plain Rice    

Mutton Curry with Sweetcorn & Plain Rice    

Salt Fish Cabbage with Mixed Vegetables, Plantain & Potatoes   

Sandwiches and Salads

May be selected from the Standard Menu

Desserts

May be selected from the Standard Menu


Snacks

May be selected from the Standard Menu

Menu Codes:

 = Healthier Choice  = Higher Energy  = Vegetarian

 = Gluten Free  = Suitable for a Neutropenic Diet  = Higher protein

 = Easy to Chew These are tender and easier to chew and can be cut with a side of a fork or spoon