


































MODIFIED TEXTURE MEAL

Level 4 Pureed Diet








Sandwich selection

Beans on Toast    Hot Bacon Toastie  
 Hot Cheese Toastie   Scrambled Egg on Toast  

MEAT & FISH

Salmon in Butter Sauce infused with lemon served with Broccoli and Sauté Potatoes    
 Fish Pie - White and Smoked Fish in a Creamy Cheese sauce served with Peas    
 Cottage Pie – Savoury, Rich Beef topped with Mashed Potato and served with Peas    
 Pork in a Smooth Apple Gravy served with Red Cabbage and Sauté Potatoes    
 Shepherd's Pie – Minced Lamb in a Rich Gravy topped with Mashed Potato and served with Carrot and Swede    
 Chicken Korma served with Pureed Rice and Broccoli with a hint of Coriander    

VEGETARIAN / VEGAN
















Bean Chilli – A Medley of Red Kidney Beans and Lentils in a lightly Spiced Tomato Sauce served with Pureed Rice and Peas     (vegan)
 Tomato and Basil Pasta with Onions and Garlic served with Peas    (vegan)

Condiments:

Tomato ketchup, Brown sauce, Salad cream, English mustard

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HOT DESSERTS

- Summer Fruits Sponge with Custard   
 Sticky Toffee Sponge with Custard    
 Lemon Sponge with Lemon Sauce    
 Bakewell Sponge with Custard  
 Apple Pie with Custard  

COLD DESSERTS

- Raspberry Dessert   
 Chocolate Mousse   
 Strawberry Mousse   
 Chocolate Custard Pot   
 Banana Custard Pot   
 Plain Custard Pot   
 Thick & Creamy Yoghurt    

SNACKS


- Plain Custard Pot   
 Thick and Creamy Yoghurt    
 Chocolate Custard Pot   
 Banana Custard Pot   
 Stewed Apple Pot     (Vegan)

Menu Codes

Healthier Option 

Gluten Free 

Vegetarian 

Higher Energy 

Suitable for Neutropenic Diet  Higher protein 