Ward 27 Menu

Welcome to the Ward 27 menu. Please note that you can choose any combination of snacks, sides and main meals when the chefs are working between 8.30am – 5.00pm.
There is a Ready Made Meal Menu available between 5.30pm – 8.00pm

Please look at our alternative Menus for any other meal requirements such as:
Kosher, Caribbean and West Indian, Gluten Free, Allergen Aware, Modified Fibre and Modified Texture Menus, Vegan Menu

The Ward can order the following milk options from the Catering Department: Soya, Oat, Almond and Lactose Free

If gluten free breakfast options are required, ward staff can request from the Catering Department

Gluten Free White Bread N V GF, Gluten Free Cornflakes N V GF

Breakfast Cereals

Cornflakes N V
Crispy Rice N V
Coco Pops N V
Wheat Biscuits EC N V **(vegan)**
Frosties N V
Bran Flakes N V
Ready Brek EC N V

English Breakfast with a choice of

Bacon N *(2 rashers to a portion)*
Sausage N *(x2) (x4)*
Baked Beans GF EC V N **(vegan)**
Hash Brown V N *(1 to a portion)*
Scrambled Egg EC V N
Mushrooms V N
White or Brown Bread EC / Toast N V **(vegan)**
Crusty White Roll N V GF **(vegan)** / Crusty Brown Roll N V **(vegan)**
Sliced White Bap N V **(vegan)** /
Croissant V N
*Served with Sunflower spread **(vegan)** or Butter*

Breakfast Accompaniments V N EC

Sunflower Spread GF **(vegan)**
Butter GF
Marmite **(vegan)**
Jam GF **(vegan)**
Marmalade GF **(vegan)**
Semi Skimmed Milk GF
Whole Milk GF

* Supplier information indicates that these foods are suitable for those following a halal diet. If you need further information, please let nursing staff know and they can liaise with the catering team.

Main Meals

All main meals / light bites can be served with your choice of sides (see below the selection)

Chicken Nuggets* N *(x3) (x6) or (x9)*
Quorn Vegan Nuggets V N **(vegan)** *(x3) (x6) or (x9)*
Roast Chicken Breast* N
Beef Burger* N
Sausages N *(x2) (x4)*
Battered Fish N
Steamed fish EC N
Fish Fingers N *(x3) (x6) or (x9)*
Quorn Fishless fingers V N **(vegan)** *(x3) (x6) or (x9)*
Spaghetti Bolognese N
Chicken & Mushroom Pie N
Cheese, Leek and Potato Pie N V
Tomato and Cheese Pasta V EC N
Vegetable Lasagne V N
Cheese and Tomato Pizza V N
Plain Omelette V EC N
with cheese EC V N and/or Ham N

Light Bites

Heinz Soups
- Cream of Chicken EC N
- Cream of Mushroom V EC N
- Cream of Tomato V EC N
- Vegetable V N **(vegan)**

Jacket Potato EC V GF N **(vegan)**
- Cheddar Cheese EC V GF N
- Baked Beans V GF EC N **(vegan)**
- Tuna Mayonnaise EC N
- Plain tuna EC N

Plain pasta V N with a choice of:
- Cheddar Cheese V GF N
- Tuna Mayonnaise EC N

Toast with a choice of toppings:
- Cheese V N GF
- Baked Beans V GF N **(vegan)**
- Spaghetti Hoops V N **(vegan)**
- Scrambled Egg V N

Sandwiches in White or Brown Bread
- Tuna Mayonnaise EC N
- Mild Cheddar Cheese N V
- Ham N
- Egg Mayonnaise EC V N
- Chicken N

Cheese and Ham Sandwiches can be toasted

Salads (with potato salad)
- Egg Mayonnaise Salad V
- Cheese Salad V
- Chicken Salad
- Tuna Mayonnaise Salad
- Ham Salad

Chicken and Mushroom Pot Noodle N V
Beef and Tomato Pot Noodle N V

Sides

Seasoned Potato Wedges N V **(vegan)**
Chips **(vegan)** / Cheesy Chips N V
Mashed Potato / Cheesy Mashed Potato EC N V
Roast Potato N V **(vegan)**
Jacket Potato EC GF N V **(vegan)**
Yorkshire Pudding V N
Rice N V **(vegan)**
Side Salad with Honey and Mustard Dip V GF **(vegan** if dip removed)

Garlic Bread / Cheesy Garlic Bread N V
Baked Beans EC GF N V **(vegan)**
Spaghetti Hoops EC N V **(vegan)**
Vegetables - Peas / Sweetcorn / Carrots / Mixed Vegetables / Broccoli / Cauliflower N V **(vegan)**
Root Vegetable Mash EC N V
Crusty White Roll N V GF **(vegan)**
Crusty Brown Roll N V **(vegan)**
Sliced White Bap N V **(vegan)**
*Served with Sunflower spread **(vegan)** or Butter*

Dessert and Snack Menu

Hot Desserts

Raspberry Jam Sponge V N EC
Lemon Sponge V N EC
Ginger Sponge V N EC
Apple Crumble V N
Custard V N EC
Rice pudding V N EC GF

Cold Desserts

Light Yoghurt EC N V GF
Thick and creamy EC V N GF
Rice Pudding EC V GF N
Peach and Pear in Juice V N GF **(vegan)**
Custard Pots N GF EC
(*Banana, Chocolate, or Plain* V *)*

(For Patient on Ward 27 only)

Pancakes V N *served with lemon juice, sugar or jam*

Drinks

Milk GF EC V N
Fruit juices – Orange, Apple GF V EC N **(vegan)**
Orange or Blackcurrant Squash V GF N EC **(vegan)**
Nesquik milkshakes:
Chocolate and Strawberry V GF N

(For Patients on Ward 27 patients only)

Homemade Fruit smoothies V



Vegetarian / Vegan Meals Curries

Alu Brinjal Peas with Chana Dal and Basmati Rice N V GF 🌶 **(vegan)**
Cabbage Peas with Rajasthani Dal and Saffron Rice N V GF 🌶 **(vegan)**
Corn Peas Methi with Rajasthani Dal and Saffron Rice N V GF 🌶 EC
Methi Paneer with Mixed Dal and Basmati Rice N V GF 🌶
Corn, Peas, Potato with Chana Dal and Basmati Rice N V GF 🌶 EC **(vegan)**

Curried Chicken and Fish Curries (HMC approved Halal)

Chicken Coconut, Mixed Dal & Basmati Rice N GF EC
Chicken Saag, Rajasthani Dal & Saffron Rice N GF 🌶
Chicken Dal, Kadai Vegetables & Saag Rice N GF
Fish Curry, Split Masoor Dal & Saag Rice N GF EC 🌶

To accompany your meal, please ask when ordering

Mini Naan Bread N V **(vegan)**
Natural Yoghurt N V EC GF

Fruit Snacks

Orange / Apple V GF (N if peeled) **(vegan)**
Banana V GF N EC **(vegan)**
Sliced Apple and Grape Bag V GF **(vegan)**
Sun-Maid Raisin Box V GF **(vegan)**

Sweet Snacks

Assorted Biscuits V N
Bourbon Creams, Custard Creams, Fruit Shortcake, Digestive, Rich Shorties, Ginger Nuts
Lemon Drizzle Cake Slice V N EC
Madeira Cake N V EC
Bakewell Slice N V EC
2 Finger Kitkat V N
Chocolate Fudge Bar N GF V
Golden Syrup Flapjack N V **(vegan)**

Savoury Snacks

Crisps: Ready Salted V N GF **(vegan)**
Crisps: Wotsits V N EC
Crisps: Skips V N EC
Crisps: Pom Bears V EC GF N **(vegan)**
Popcorn - Sweet & Salty V GF N **(vegan)**
Cheese and Crackers V N
Served with Sunflower Spread **(vegan)** or Butter

Menu Codes

The following symbols can be used to help guide choice if you have specific dietary requirements :

EC Easy to Chew. These Meals are tender and easier to chew and can be cut with the side of a fork or spoon.
V Vegetarian. These dishes are suitable for vegetarians.
GF Gluten Free. These dishes do not contain any gluten containing ingredients and dishes contain less than 20ppm of gluten.
N Neutropenic. These meals are suitable for those who require a neutropenic diet.
🌶 Medium / Hot Meal.

Food Allergies and Intolerances

If you have a food allergy or intolerance, before you order your food and drink, please speak to a member of Ward Staff. Further allergen information is available.