# Children's Wards Breakfast Menu

Cornflakes N V  Crispy Rice N V  Bran Flakes N V
Coco Pops N V  Frosties N V  Wheat Biscuits N EC V **(vegan)**
Ready Brek N EC V **to be made with Hot water and Milk Powder unless Patient requires and alternative milk* N EC

White or Wholemeal Toast N V **(vegan)**
White or Wholemeal Bread N EC V **(vegan)**
Cream Crackers N V
Sunflower Spread **(vegan)** or Butter N EC GF V
Jam or Marmalade N EC GF V **(vegan)**
Marmite N EC V **(vegan)**
Cheddar Cheese N V / Philadelphia Cheese Spread N EC V

Fresh Fruit - Orange N GF V **(vegan)** / Apple GF V (N if peeled) **(vegan)**
Banana N EC GF V **(vegan)**

Thick & Creamy Yoghurt N EC GF V

Gluten Free Options are available on request:
Crusty White Roll N GF V **(vegan)** / White Bread N GF V
Cornflakes **(vegan)** N GF V

# Beverages Menu

Hot Chocolate N GF EC V / Malted Milk N EC V
Squash - Orange, Lemon or Apple Blackcurrant N EC GF V
Nesquik Chocolate or Strawberry Milk Shake N EC GF V
Orange Juice or Apple Juice N EC GF V

Estates and Facilities NHS

# Children's Wards Snack Menu

## Fruit Snacks

Orange / Apple GF V (N if peeled)**(vegan)**
Banana N EC GF V **(vegan)**
Sliced Apple and Grape Bag GF V **(vegan)**
Sun-Maid Raisin Box GF V **(vegan)**

## Sweet Snacks

Assorted Biscuits N V
Bourbon Creams, Custard Creams, Fruit Shortcake, Digestive, Rich Shorties, Ginger Nuts
Lemon Drizzle Cake Slice N EC V
Madeira Cake N EC V
Bakewell Slice N EC V
2 Finger KitKat N V
Chocolate Fudge Bar N GF V
Golden Syrup Flapjack N V **(vegan)**

Gluten Free Snacks are available on request

## Savoury Snacks

Crisps: Ready Salted N V
Crisps: Wotsits N EC V
Crisps: Skips N EC V
Crisps: Pom Bears N EC GF V **(vegan)**
Popcorn - Sweet & Salty N GF V
Cheese & Crackers N V with Sunflower Spread **(vegan)** or Butter

**Menu Codes:**

GF **Gluten Free** V **Vegetarian** N **Suitable for Neutropenic Diet**
EC **Easy to Chew** - ***These are tender and easier to chew and can be cut with a side of a fork or spoon***